austria eXtreme TRIATHLON

2027

austria eXtreme TRIATHLON

Race Manual

Haundbuach

englisch

the new generation of winners

sponsored by

Versicherungsagentur
SCHWARZ&PARTNER
LEISTUNG AUS LEIDENSCHAFT

TOURI PRINT®
Ein MUSS für Tourismus!

Table of Contents

Austria eXtreme Triathlon Manual 2027 2

Austria eXtreme Triathlon – the sporting challenge 2

The Route 3

General Overview 3

Swimming distance 3

Running course 4

Registration 6

Conditions of participation 8

Regulations for Athletes and Supporters 8

Responsibility of the supporter 9

Medical care 10

Premature termination of the race 10

Spectators 11

Schedule 12

Team competition 13

Clean Sport 14

Austria eXtreme Triathlon Manual 2027

Version 1, 22/06/2026

We are a motivated team and organise the Austria eXtreme Triathlon out of pure passion for the sport. With this Haundbuach (Race Manual) 2027, we have compiled the most important information about the Austria eXtreme Triathlon – please read it carefully! If there are any remaining questions, please contact us to ask them in either **German or English**.

More detailed information and exact route descriptions for the participants will follow in 2027 after registration in the Stroßnbuach (Roadbook).

Austria eXtreme Triathlon – the sporting challenge

The Austria eXtreme Triathlon 2027 is the 12th edition of this race. Athletes and their supporters can expect a sporting challenge in the green heart of Austria. From the provincial capital Graz via Murtal, Lachtal, Sölktal, Ennstal to the foot of the highest mountain in Styria, the Dachstein.

The varied landscape and the rousing motivating atmosphere of the competition promise a fantastic adventure for all participants. The focus is not on the time, but on the unrivalled sporting experience.

The course of the Austria eXtreme Triathlon is not only breathtakingly beautiful, but also extremely challenging with more than 5,860 meters of elevation gain. The atmosphere among the athletes, supporters, partners and crew is informal and relaxed.

The focus is on personal commitment and the challenging adventure that the athletes share with their supporters. All this makes this race an unforgettable sporting experience.

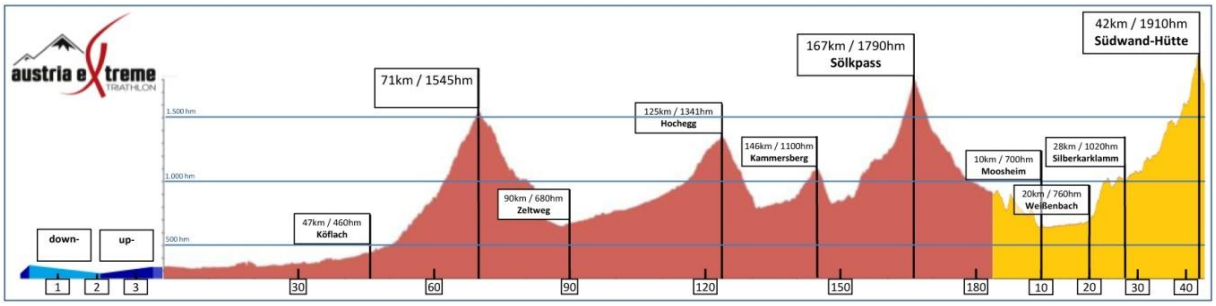
The Route

General Overview

The 12th Austria eXtreme Triathlon will take place on **19 June 2027, starting at 4:30 a.m.**

All athletes and their supporters must attend the registration in person on the day before the race, i.e. June 18th 2027, starting at 4 p.m. The location for registration and more will be announced in the Roadbook 2027. Registration are m a n d a t o r y for athletes and supporters as well as for all teams.

This is the Austria eXtreme Triathlon: 3.8 km swimming, 186 km cycling, 44 km running, with a total of 5860 meters of ascent. The supporter is obliged to accompany the athlete on the last 17 km of the run course.



Swimming distance

Swim start is at 4:30 a.m.
The swim course runs in the Mur, the main river in Styria, which flows through Austria, Slovenia, Croatia and Hungary and also forms the border between the countries in parts of its course. The water quality is class two.

The water temperature of the Mur is between 12-18 degrees. Wearing a wetsuit is mandatory, neoprene socks may be used.

Cut-off time for swimming: 6:45 a.m.

Cycle route

The total distance to be covered is 186.6 kilometers with a total of approx. 3950 meters of climbing. This section is the most demanding in terms of elevation gain, so remember to pace yourself and pace yourself accordingly.
The entire cycling route must be covered on one and the same bike! The route is not closed to traffic, the riding style must be adapted accordingly and the regulations of the Austrian Road Traffic Act must be observed. Special care must be taken on the downhill sections. Riding in the slipstream is prohibited.

Gaberl
The first ascent leads to the Gaberl, a mountain crossing since Roman times. From here, the route descends steeply into the Murtal.

Schönberg/Kammersberg
Once you arrive at Schönberg, you will be rewarded by the scenic beauty. Rothenfels Castle in the Wölzertal is one of the few medieval castles to have retained its original appearance to this day.

Sölkpass
The Sölkpass with a gradient of 8-12% connects the upper Murtal in the south with the Ennstal in the north and crosses the Schladminger Tauern. At the Sölkpass you are at an altitude of 1,790 meters. ATTENTION, dangerous descent!

Checkpoint Sölksperre (transition zone)
As at every checkpoint, you are obliged to make verbal contact with the crew!

Cut-off time for cycling: 5:00 p.m.

Running course

The running route covers 43.6 km and 1920 meters in altitude. Make sure y o u have enough food and fluids with you.

Sölksperre
Get off your bike at the magnificent Sölk dam and take in the beauty of nature. This is where the running route begins.

Strubschlucht
We head into the Strubschlucht, which separates the Kleinsölktal and Großsölktal. Over the centuries, the stream has exposed marble veins that are clearly visible in the gorge.

Michaelerberg-Pruggern / Aich
After about nine kilometers you reach you Michaelerberg-Pruggern. The local community was founded as an autonomous body in 1850.

Silberkarklamm
The Silberkarklamm is a romantic white-water gorge in the heart of the Dachstein region. Silver was mined here in the 15th century. Wild nature with alpine plants along the rushing waterfalls leads to the Silberkarhütte.

Lodenwalker
This traditional business has been producing fine suits and costumes, practical jackets, coats, hard-wearing sportswear and winter clothing as well as Schladming socks and accessories made from pure new wool since 1434. Guided tours are offered on weekdays throughout the year. This is where the cars park!

Ramsau am Dachstein
Ramsau am Dachstein is the largest Styrian tourist community with a sunny, wooded, south-facing high plateau. The village is a scattered settlement on the south side of the Dachstein with a nature park landscape on three levels. Ramsau-Türlwand: 1,700-1,900 meters, a high alpine area open to the south with extensive hiking networks to the Dachstein mountain huts. The Dachstein Skywalk viewing platform offers unrivalled views.

Südwandhütte
The Dachstein Südwandhütte is located at the foot of the Dachstein at 1,910 meters above sea level. Shortest ascent via comfortable footpath from the glacier lift in approx. 35 minutes on foot, beautiful circular hiking trails back to the car park. Marvelous view from the sun terrace!

At each checkpoint, you are obliged to contact the crew verbally!

Cut-off time for running up to the CP Aich: 7:00 p.m.

Cut-off time for running up to the CP Silberkarklamm: 8:00 p.m

Cut-off time for running up to the CP Walcher Alm: 10:15 p.m.

Cut-off time Finish-line: 12:00 p.m.

Registration

Starting places will be allocated "first come - first serve". Registration is only valid once you have received confirmation from the organizer by email. A total of 75 individual starting places and 15 team places will be allocated. The organizer reserves the right to exclude athletes from participation.

Each individual starter requires a registered supporter.

Starting places are personal and non-transferable. Team starters are excluded from this! Athletes and supporters must present an official photo ID at the registration on the day before the Austria eXtreme Triathlon.

The Austria eXtreme Triathlon Haundbuach (Manual) 2027 must be read carefully before registration.

The costs for accommodation, catering, travel and other activities must be financed by the athlete and his team. Information on accommodation can be found in the Stroßnbuach (Roadbook) 2027 or at www.autxtri.com.

Participation fee

The entry fee for individual starters: 25 starters per category

- **€ 490,-- Early bird ticket**
- **€ 520,-- Fast mover ticket**
- **€ 560,-- Late entry ticket**

Early Bird ticket
Be one of the first to benefit from our attractive early booking discount. The best deals for those who book early.

Fast mover ticket
Secure your seat now at a fair price before tickets become more expensive.

Late Entry Ticket
Last chance! Also, for spontaneous participants - secure your place now before the event is sold out!

The ÖTRV will charge a daily license of € 20,-- for single starters when collecting the starting numbers.
The day license is not required if a valid ÖTRV annual license is presented.

The participation fee must be paid by Mastercard or VISA card (subject to change)
In addition to the individual starting place, the following services are included in the participation fee:

- Finisher T-shirt for the athlete and the registered supporter (for finisher)
- Road toll Dachsteinstraße for one vehicle
- Two tickets for the risotto upon registration
- Bus transfer from the Finishline to the Silberkarklamm (Lodenwalker)
- Sports bag
- Swimming cap
- Stroßnbuach (Roadbook) in print version

Waiting list
There is no waiting list.

Start list
The start list for the Austria eXtreme Triathlon will be published on www.autxtri.com in May 2027.

Cancellation conditions of the individual starters

In order to protect the Austria eXtreme Triathlon Club from financial losses, the following cancellation conditions apply:

- **Cancellation until 31.12.2026 (23:59 CET)**: The entry fee will be refunded minus a processing fee of 150 euros.
- **Cancellation until 01.03.2027 (23:59 CET):** The entry fee will be refunded minus a processing fee of 250 euros.
- **Cancellation until 31.03.2027 (23:59 CET):** Upon presentation of a medical confirmation, the entry fee will be refunded minus a processing fee of 250 euros. Without medical confirmation, there will be no refund.
- **Withdrawal after 1 April 2027:** No refund will be made.

It is not possible to credit the starting place for the following year!
It is not possible to transfer the starting place to another person!

Conditions of participation

The following conditions of participation apply to all participants in the Austria eXtreme Triathlon:

- Every participant, both athlete and supporter, is aware of the extreme physical challenges of a long-distance triathlon.
- Each participant covers the entire distance of the race using their own muscle power.
- Each participant is for his decisions and actions responsible for its own decisions and actions.
- Each participant pays attention to fairness and respectful behavior towards others and towards nature.
- The Austrian Road Traffic Regulations (StVO) must be observed at all times on roads.
- The organizer has the right to change the route or, in the event of unforeseeable extreme events, to cancel the race without giving reasons and to retain 70% of the entry fee.
- If the event is cancelled, no cancellation costs (flight, car, accommodation, etc.) can be charged to the organizer!
- In such cases, the organizer shall not be liable to pay compensation to the participants.
- The organizer cannot be held liable for damage, accidents or claims for compensation.
- In the event of inconsistencies in information in documents in different languages, the information in the German-language version shall apply.
- Athletes and supporters agree to the use of recordings of any kind in the context of press and PR work. Photographs and other recordings may be published without restriction as to time, place or content.
- The place of jurisdiction is Graz.

Regulations for Athletes and Supporters

The organizer appeal to the responsibility, common sense and fairness of the participants. If athletes or supporters leave rubbish behind, the team will be excluded from the competition immediately.
It is also forbidden to push the athlete on the bike and run course (in any form whatsoever)! By taking part, all participants undertake to help other competitors in emergency situations.

Responsibility of the supporter

Without a registered supporter, the athlete does not receive a starting number. There is only one supporter. The data of the registered supporter must be announced at the time of registration. Both, athlete and supporter will receive information by email directly from the organizers until the start of the competition. **The supporter can be re-nominated until the registration on the day before the race.**

During the entire triathlon, the registered supporter assumes the responsibility for his athlete and must be able to communicate with the organizers in German or English. The supporter must always be accessible to the organization team by mobile phone.

Only one supporter vehicle (passenger car up to max. 3.5 tons recommended) is allowed per athlete. Its license plate has to be communicated to the race organization and it will be marked by a sticker provided during registration. Several persons can ride along in the supporter vehicle to accompany the athlete.

The supporter accompanies the athlete during the entire triathlon, providing food and drink on the bike and running courses at any time. Note that accessibility of the running course by car is limited (see below).

Supporter information swimming

The start/transition zone is open from 3 a.m.
The supporter is responsible for the bike and further equipment of the athlete and he will be handed the GPS tracker which the athlete will carry.
The organizer accepts no liability for any equipment. If the athlete has left the transition zone, the supporter must also clear it.

Supporter information cycling

The supporter can take care of the athlete during the entire bike leg. We recommend not to use buses or camping vans over 3.5 tons due to lack of space on mountain roads. There is also a limited possibility to park cars on narrow pass roads. **As the general road regulations apply, only public parking may be used.** In the Stroßnbuach (Roadbook) , the parking and meeting places for athletes and supporters are listed. **It is strictly forbidden for the supporter car to accompany the**

athlete in a permanent manner, driving directly in front or behind the athlete. The athlete is forbidden to accepted any items from the driving support car or to sit in the vehicle. The bike transition is located near the Sölksperre. The supporter will assist in the transition and clear this zone immediately after the athlete has left.

Supporter information running

From the Silberkarklamm Checkpoint (27 km into the running leg), the supporter must run together with the athlete up to the finish line. Both must cross the finish line together to complete the triathlon successfully. The athlete or supporter must wear a backpack with solid and liquid food, warm clothing (jacket, rain cover, headgear, gloves, emergency cover) and a functional headlamp.

This equipment is mandatory from the Checkpoint Silberkarklamm and will be controlled. We advise the athlete to carry a drinking bag from the beginning of the run course.

The running track is only partially accessible by car. The supporter can accompany the athlete on foot all along the running course, but bikes and mobile under carriages with motorization e.g. E-bikes, etc. are forbidden on the entire running course. It is also forbidden to take animals along the route.

The use of poles of any kind is prohibited for athletes and supporters.

Supporter T-Shirt

The supporter plays a central role at the Austria eXtreme Triathlon for the individual starters and will receive a supporter T-shirt at the closing ceremony on Sunday (in the event of a finish together with the athlete). The T-shirt size must be specified when registering (online) and cannot be changed afterwards.

Medical care

If medical personnel are present, their instructions must be followed. The medical staff is authorized to exclude athletes from further participation in the race at any time for medical reasons. It is then not possible to continue the race at the athlete's own risk.

Premature termination of the race

If the race ends prematurely, the organizer must be informed immediately by mobile phone using the hotline number given in the road book. The GPS tracker must be handed in at the nearest checkpoint!

Prize money

There is no prize money but a fantastic finisher T-shirt plus a medal.

Timekeeping

For the Austria eXtreme Triathlon crew, everyone who reaches the finish line is a winner. The fastest woman and fastest man, as well as the fastest team, will be honoured at the closing ceremony on Sunday!

Spectators

Spectators are warmly welcomed both at the start of the race, as well as along the course and in the finish area. Fans are requested not to block small parking spaces along the bike course.

Schedule

Friday **18.06.2027**	Registration and more Athletes and their supporters must register together and present photo identification. Address: Josef Greger – Sportanlage Mühlweg 308073 Feldkirchen bei Graz	4 p.m. – 6 p.m.
	Briefing Single & Teams online Available on our website starting in june 2027	
Saturday **19.06.2027**	Handing out of GPS tracker & transition zone opened	3 a.m. – 3:50 a.m.
	Swim check-in	4:20 a.m.
	Austria eXtreme Triathlon start	4:30 a.m.
	Austria eXtreme Triathlon cut-off time	12 p.m.
Sunday **20.06.2027**	Austria eXtreme Triathlon – Final - Ceremony Meet & Joy Address: ÖHA - Öblarner Haus für alle Öblarn 99, 8960 Öblarn	10:00 - 12:30 a.m.

For more details see the Austria eXtreme Triathlon Stroßnbuach (Roadbook) 2027.

Team competition

What are teams?

A team name will be created by you and will accompany you from the moment you register!

The first team member swims 3.8 km, team member two cycles 186.6 km and team member three runs 44 km. From the Silberkarklamm (on the run course 17,4 km before the finish), team member one or two must run and from the Walcheralm (4.5 km before the finish) team member one or two must also run.

Only teams that get all three athletes to the finishline at the Dachstein valley station using their own muscle power will be judged!

The participation fee for teams:

- € 660,-- until 30.11.2026
- € 735,-- from 01.12.2026 until 31.12.2026
- € 900,-- from 01.01.2027

The starter pack for teams includes

- 3 finisher shirts as part of the closing ceremony for the finishers
- Road toll Dachsteinstraße for one vehicle
- 3 tickets for the risotto upon registration
- 3 Sports bags
- 3 Bath cap
- 3 Stroßnbuach (Roadbook) in print version

The ÖTRV will charge a daily license fee of € 10 for starters when they collect their start numbers.

If a valid ÖTRV annual license is presented (all three), the day license is not required.

Cancellation conditions for teams

Cancellation until 31.12.2026 (23:59 CET):

The entry fee will be refunded minus a processing fee of 250 Euro

Cancellation until 1 March 2027 (23:59 CET):
The entry fee will be refunded minus a processing fee of 330 Euro

Cancellation until 31.3.2027 (23:59 CET):
Upon presentation of a medical confirmation, the entry fee will be refunded minus a processing fee of 330 euros. Without medical confirmation, there will be no refund.

Withdrawal after 1 April 2027:
No refund will be made.

Based on your team's name, you can change the participants until registration on 18/06/2027.

Support activities are taken over independently by the team members! Otherwise, the event guidelines for individual starters apply.

Clean Sport

By participating, the athlete undertakes to comply with the anti-doping regulations of the Federal Anti-Doping Act 2021 and the relevant regulations of the competent national and international sports federation (in particular statutes, sports regulations, competition regulations). Athletes are defined as persons who are members or licensees of a sports organization or an associated organization, or who were members or licensees at the time of a potential violation of anti-doping regulations, or who participate in competitions organized by a sports organization or an associated organization or supported by federal sports funding.

The organizers and promoters strictly reject doping. As a participant, you confirm that you have not taken or will not take any prohibited substances or prohibited methods for doping purposes. Information on whether a drug or treatment method is prohibited can be found here:

www.nada.at/medikamentenabfrage

This service of the National Anti-Doping Agency (NADA Austria) is also available as a "MedApp" is available for Android and IOS.

If the participating athlete has taken prohibited substances or used prohibited methods following a medical or dental diagnosis, it is strongly recommended that all medical certificates and findings be kept for any retroactive medical exemption authorization. More detailed information can be found here:

https://www.nada.at/de/medizin/krankheit-oder-verletzung

The new generation of winners!

austria eXtreme® TRIATHLON

Change Your Life!