

Startnumber 108
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Some people say: "Do not return to the place where once you were extremely happy". Well, we are about to challenge that say because we are seriously thinking of returning to Graz-Dachstein for the Austria Xtreme Triathlon.

We are a family of four people, two boys, my wife who was my official supporter and myself. I have done now several extreme triathlons, but this one was the first one that the whole family took part in the race. Apart from supporting me after the swim and during the bike course, our family race strategy for the running part was that in T2, one of the boys would run with me the first 11Km until the first check point. There he would rest and the second boy would run with me the next 9Km until the second check point. From there on, I would run on my own until km27,6 check point Silberkarklamm. Finally, from that point until the Finish Line we would run all together as a family. Our plan worked out perfectly and we finish the event very tired but with a big smile on our face and extremely happy!!!

The bike course is the most beautiful I have ever done during the competitions I have taken part in. The run section in some parts is breathtaking. But for me the highest score goes to the organization of the event. They put a lot of attention to the small details and everything is well thought. The attention given to competitors and supporters from the volunteers is always maximum with a friendly smile in their face. It is a very well organized race.

The after event party on Sunday is fantastic with nice music, plenty to eat and drink in a great hotel location and a very friendly atmosphere. We did make a lot of new friends from all over Europe in the party specially as the wine and beer were increasingly flowing, ja,ja,ja.....

THANK YOU AUSTRIA EXTREME TRIATHLON FOR EXISTING. OUR FAMILY WILL NEVER FORGET THAT WONDERFUL WEEKEND!