

Hi Maria,

2022/07/19

Austria Xtreme Triathlon was indeed an event that delivered what says in the title: Extreme! From the very first second of swim start until the last meters of running.

Challenging, technical and unique swim course with the current and then against it, adding almost an "Australian exit" on the sand bank, then another 300 meters in calm and warm water until T1. All of this makes your senses to be more alert than ever.

Biking is my strongest discipline, but the brutal mountain passes and the pain experienced made me forget that I should enjoy the ride. The last 30km from bike leg narrowed my ability to communicate with my supporter only to two words: yes/no (sorry for that, I wasn't thinking straight).

Now "only" a marathon to run. Beautiful scenery, extremely friendly locals waiting for the athletes to come and cheer them having their own private refreshment station with water/beer/cold shower hose. Somehow they understand the pain you are going through and that made my running the best experience so far.

My journey continues until the Xtreme Triathlon Serie will be completed within one year time, 3 out of 5 are already successfully completed.

Huge congratulations to the organizers and helpers, you've done an exceptional work so that we can pursue our challenges!

BR,

Iulian Rotariu